

WOMEN'S RACING TEAM START-UP AT SISC

A group of women at SISC is creating a type of racing pool for WOW (women on the water). It is for women wanting to get their boat, or other club members' boats, out on the water on a regular basis, while sailing with an all-women crew in the various wonderful club races offered by SISC.



WOW racing is an opportunity for women to further familiarize themselves with their own boats, or to build confidence or sharpen skills, either skippering or crewing, in a supportive atmosphere with other female sailors.



Participants are informally coached through the responsibilities of each crew position and through the various aspects of racing such as sail trim, upwind and downwind sailing, the basic rules of racing, communication skills for good teamwork, and safety. As this takes place, camaraderie builds and teamwork tightens, contributing to a wonderful sense of joy while on the water and a tremendous feeling of satisfaction at the end of the day.



The group is currently racing *Phoenix*, a Catalina 30. Boats will be rotated in order to offer the opportunity to any female sailor to try out racing on her own boat. Anyone interested in more information can contact Heather through events@saltspringsailing.ca.



“The all woman's crew has been so wonderful! Heather is such a wealth of experience, and shares her knowledge in a kind and clear manner. Each day out we focus on different aspects of sailing, such as reefing a sail, or working the gennaker which will be next week. I've learned so much this fall, and have enjoyed the camaraderie. We will go sailing rain or shine, though so far have been so fortunate with beautiful weather for the most part. My love for sailing has been renewed, and I am so very thankful for this opportunity Heather has offered to us, and for Lisa generously sharing her sweet boat, Phoenix, with us.” (Katie)

