

# SISC Sailing School COVID-19 Risk Mitigation

SISC Sailing School priority is to protect health and safety and to respect the BC Health Authority Guidelines including hand washing, physical distancing and staying at home if you are at risk.

Our sailing programs will be run with single-person boats. A family group can sail double-handed in a 420 and are offered a 50% discount on the second registration. (A parent is also eligible for this discount with their child).

Our sailing school class numbers are reduced. Sailors will come prepared to spend the time on their boat. Students will have a boat and sails assigned to them for the entire period. Do not share food, drinks or utensils, etc.

To manage the risk of the likelihood of rescue being required by a coach, we will not go out in higher wind conditions. Sailors may be sent home and refunded for the day.

Our club will have adequate provisions to facilitate good hygiene practices and a cleaning schedule. Students and staff will sanitize their hands when entering the dock area and after getting off their boat. Extra care will be taken with the washrooms. All of the programs will be held outdoors. Please dress appropriately.

A student drop off/pick up location will maintain social distancing requirements.

There will be assigned areas for the sailor to immediately go to after checking in. This area will be clearly marked and will maintain physical distancing.

Parents will be asked to assess their child the morning of each class using the self-assessments screening tool: <https://ca.thrive.health/covid19/en>. They will be asked again when dropping off the child if the child and their family are healthy.

Staff members, parents or guardians and children must not attend the program if they are sick, even if symptoms resemble a mild cold. Students will not be able to attend if:

- They don't feel well or are displaying symptoms of COVID-19.
- Someone in their household has COVID-19 or is showing symptoms of COVID-19.
- They have traveled outside of Canada within the last 14 days.
- Someone in their household has traveled outside of Canada within the last 14 days.

The COVID Waiver must be agreed to.

Symptoms to look for include fever, cough, shortness of breath, sore throat, runny nose, nasal congestion, headache, and a general feeling of being unwell.

Coaches and sailors must wear masks if in close contact with others. This will include gathering equipment and rigging up on the dock. It is not recommended to wear a mask while sailing.

Contact information of all people accessing the facility will be recorded. This contact tracing data will be stored for 4 weeks. All sailors must have an accessible parent or guardian on SaltSpring Island who is able to pick up the child if the child develops symptoms, or is unwilling to sail.

*June 2020*