



## SALTSPRING ISLAND SAILING CLUB

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### Race Committee Decisions and Recommendations for the SISC Race Program in Consideration of the Ongoing COVID-19 Crisis June 1, 2020

The Race Committee (RC) has made the following decisions regarding our race program and schedule as health guidance relaxes restrictions during the pandemic. These decisions are made in the context that we must do our best to protect our members and reduce the spread of the virus; while recognizing the physical, emotional, and psychological benefits of being outdoors and providing members the opportunity to engage in an activity they care for. They were also guided by the recommendations and guidance issued by Dr. Bonny Henry.

The Race Committee has provided a race schedule and developed courses, set a start time, and provided a virtual way to report and score your times. Skippers are responsible for adhering to the Race Instructions and conducting themselves, and their operations, in a manner that adheres to the ongoing guidance provided by Dr. Bonny Henry.

1. The race schedule will be maintained until further notice. Please see the revised race schedule on the SISC website.
2. That all Skipper meetings will be conducted via Channel 72.
3. All post-race gatherings should incorporate the 2 meter distance guideline. We can look to using the picnic tables if distance can be preserved. Other ideas can be discussed. There should be no sharing of food or drink.
4. Send finish times (along with any notes, stories, or pictures) to the FCR via email. This will avoid sharing a pen and book. Emails must be received by the FCR by 10:00 the day after the race. Failure to do so will result in a DNF.
5. These rules may be modified on short notice should the Provincial guidance tighten
6. The RC advises skippers:
  - a) They should ideally sail only with people from the same household. If a skipper decides to take outside crew, they should be from Salt Spring, and from those within their 'social circle' as described by Dr. Bonny Henry. (See the BC gov't flowchart below for guidance)
  - b) Minimize the number of crew aboard
  - c) Potential crew should confirm they have no health, age, or other issues that might increase their vulnerability
  - d) Crew should remain above decks
  - e) Consider allocating roles aboard so the crew is not sharing equipment and lines
  - f) If you, or your crew, feel at all unwell, **STAY AT HOME**.
  - g) Have a method to wash hands aboard.

# Social gatherings: what to consider

