



Salt Spring Island Sailing Club

COVID-19 SAILING SCHOOL SAFETY PLAN

New Sailing School Prioritized Areas

- Drop-off and pickup zone at upper round-about
- Waiting and instruction areas marked on lawn and dinghy parking lot. 6 spots per instructor.
- Sails are now stored in the workshop in the garage door
- No students will be inside clubhouse
- Instructor materials will be inside workshop
- Lower tents on lawn for Sailing School during the day
- Dinghy dock is reserved for sailing school.
- Outside washrooms will be prioritized for Sailing School and doors to remain open. Inside club washrooms for members.
- Parents are asked to leave property after dropping off child. To help with social distancing and group numbers, parents are asked not to stay in school areas to view.

Protocols to reduce the risks

- Upon arrival, guardians are required to answer a health checklist before participating in class.
- Staff will be required to self-assess daily.
- All students will be outside for the entire day Instruction to be done at upper parking lot and grass marked areas to keep participants and others at least 2 metres apart, wherever possible.
- Sailors to be single-handing boats unless sailing with a family member/social bubble. Must have prior release to sail double-handed.
- Lunches to be eaten in shade areas with class, and socially distanced. Some adjustments to be made to find shade.
- Sailors will spend the majority of their time on the water. Only games that can be played socially distanced permitted.

- Hand sanitizer stations used upon arrival and going through gate. Gate will be held open by bungie while students go through.
- Masks to be worn by students on land whenever they are not on their “spot”.
- Masks to be worn while rigging up boats by students and instructors.
- Masks will be removed when sailing
- Sailing class capacity numbers have been reduced
- Instructors will remind all students to maintain social distancing and clean hands
- Doors and other common touch point should be encouraged to be left open to minimize touch points and flow of traffic
- No sharing of water, food, containers, sunscreen clothing between participants.
- If a student does not come to class, an instructor will call to determine if they are ill. If so, a COVID test is recommended.
- Any student who volunteers after arrival that they or a family member is sick will be immediately isolated and sterilization of all surfaces will take place. The student can return with a negative COVID test.

Measures in place

- Optis, Byte, Zests and Lasers and corresponding sails will be assigned to one student for the week session. No sharing of equipment
- Sails will be stored in workshop and removed by instructors. Zest sails will be stored on the dinghy during the week. Rudder/dagger board to be stored on boats during the week.
- Dinghies will be sanitized before student change with Viper disinfectant (non-bleach) Viper solution and spray is stored in gas shack

Using masks

- We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.

Measures in place

- Masks will be worn whenever social distancing may be compromised. Masks will be worn while moving on SISC property, on the dinghy docks and upon arrival.
- Disposable masks will be available for those who don't bring one.

Reduce the risk of surface transmission through effective cleaning and hygiene practices

- We have reviewed the information on cleaning and disinfecting surfaces.
- Our sport facility has enough handwashing and sanitizing stations on site for our participants. Sanitizing locations are visible and easily accessed.
- We have communicated good hygiene practices to participants, coaches, volunteers, etc.
- We have implemented cleaning protocols for all common areas and surfaces. Workers and volunteers who are cleaning have adequate training and materials.

Cleaning protocols

General Cleaning

- Increase the frequency of cleaning and sanitizing in all public spaces with an emphasis on high-touch surfaces, including, but not limited to: door handles, door keys and keypads, tables, watering and chairs.
- Outside bathrooms to be cleaned at the end of the day.
- Sanitizer dispensers are with Sailing Instructors for arrivals, at gate and at dinghy dock.
- Chairs are numbered and cleaned at the end of the week.

Shared Equipment

- Shared tools and equipment should be sanitized anytime the equipment is transferred to a new employee or member as well as before and after each shift. Example – VHF radios, keys, whiteboards, markers etc.
- Encourage personal PFD's and the assigning of PFD's for the duration of

the camp if unable to provide own.

- All PFD'S, sailing equipment and buoys will be sanitized after use by the member or staff. Spray bottles of Viper sanitizer will be placed in the shed.

BOATS

GENERAL CLEANING

- It is recommended only that all parties wear face coverings while operating vessels with more than one person aboard.
- The boat and all equipment must be washed down and other suitable disinfection protocols (Viper product) used before a new user. Bleach is not permitted in the marine environment.
- Member use of the coach boats must be booked through Dinghy Fleet Captain. If used for emergency, then informing the Dinghy Fleet Captain by email or text of use so that proper cleaning can be completed.

TEACHING AREA

- Social distancing spots are marked with paint. Students are asked to wait on those spots.
- The teaching area is limited to a maximum of students with where physical distancing can be 2 meters. Instructors may remove mask to teach when social distancing is being practiced.

COACH BOATS

- Keys/Floats will be cleaned on issue and return.
- Only one coach boat will be stored with a key in the ignition. Other keys will be stored in Opti locker on dock.
- If possible coach boats shall only have one coach per boat. If two are required both shall wear face masks. One person is designated driver other is passenger for the day
- Coaches will be assigned a boat for the wee.
- Boats shall be cleaned regularly and between changes in user.
- Marks and anchors will be left on docks or in each vessel and cleaned when used with Viper solution

DOCK PROTOCOLS

- Ramps shall be one way at a time. Please wait until the ramp is clear before proceeding.
- Hand sanitizers are located at the gate. Instructors to oversee all students using sanitizer before proceeding.

OTHER BOAT EQUIPMENT

- Optimist equipment will be placed with the corresponding hulls on the dock for the duration of the week
- Club 420 shall be placed in the vessels and stored in the boats for the duration of the camp
- Boats shall be spaced appropriately to maintain social distancing during rigging. Masks to be worn during rigging

Our policies ensure that workers and others showing symptoms of COVID-19 are prohibited from participating in sport activities:

- Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache. Anyone directed by Public Health to self-isolate.
- Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.

Our policy addresses individuals who may start to feel while participating. It includes the following:

- Sick individuals should report to Senior Instructor, even with mild symptoms. Sick workers or individuals should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. [Consult the BC COVID-19 Self-Assessment Tool, or call 811 for further guidance related to testing and self-isolation.] Sailing School student guardian will be called for immediate pickup.

If the worker is severely ill (e.g., difficulty breathing, chest pain), call 911. Sailing School student guardians will be contacted and all students sent home. Outbreak protocol will be followed, Clean and disinfect any surfaces that the ill worker has come into contact with.

SAILING SCHOOL PROGRAM

PHYSICAL DISTANCING PROTOCOL

Practising good hygiene;

- Staying at home and away from others if you are feeling ill – with no exceptions;
- Maintaining physical distancing outside the household, e.g. keeping number of contacts low and keeping a safe distance;
- Making necessary contacts safer with appropriate controls;
- Increasing cleaning of frequently touched surfaces;
- Considering the use of non-medical masks in situations where physical distancing cannot be maintained;
- Continuing to minimize non-essential personal travel.
- For summer programming in July-Aug space for outside teaching spaces (tents) for classes on the lawn, around the shed
- Follow all guidelines as set out in overall club policy regarding staff and participant self-checks, temperature; face covering and gloves as required.

Communication Plan and Training

Everyone participating in the Sailing School knows how to keep themselves safe while participating:

- We have a communication and training plan to ensure everyone is trained in policies and procedures.
- All participants have received the policies for staying home when sick.
- We have posted signage at the sport location
- We have posted signage indicating who is restricted from participating, including visitors and workers with symptoms.
- Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.

Monitor and update SISC plans as necessary

Our reality may evolve and the current plan will be reviewed weekly by Dinghy Fleet Captain with input from instructors and members.

- We have a plan in place to monitor risks. We make changes to our policies and procedures as necessary.
- Individuals know who to go to with health and safety concerns.
- When resolving safety issues, we will involve designated health and safety representatives