

SISC COVID19 Protocols

Dec. 4, 2020

Until further notice

The Race Committee (RC) has made the following decisions regarding our race program and schedule. These decisions are made in the context that we must do our best to protect our members and reduce the spread of the virus; while recognizing the physical, emotional, and psychological benefits of being outdoors and providing members the opportunity to engage in an activity they care for. They were guided by the recommendations and guidance issued by Dr. Bonnie Henry. These protocols will be updated as guidance is amended.

The Race Committee has provided a race schedule and developed courses, set a start time, and provided a virtual way to report and score your times. Skippers are responsible for adhering to the Race Instructions and conducting themselves, and their operations, in a manner that adheres to current government health guidance.

In accordance with the above:

1. The race schedule will be maintained until further notice.
2. There should be no post-race gatherings in, or on, a boat, or anywhere else, that contravene the 2 meter distance guideline.
3. Send finish times (along with any notes, stories, or pictures) to the FCR via email. Emails must be received by the FCR by 10:00 the day after the race. Failure to do so will result in a DNF.
4. Skipper's meetings will be held via VHF72
5. The RC further recommends:
 - A. Skippers sail only with people from the same household or 'core bubble' as defined by BC Health guidelines.
 - B. That if a skipper decides to take crew other than as defined in 5(A), they must be from Salt Spring and have not travelled outside the Vancouver Island Health District in the last 14 days.
 - C. Skippers minimize the number of crew aboard
 - D. Crew must confirm they have no symptoms, and have not been in contact with anyone with symptoms.
 - E. If their crew is not family or from their core bubble, all aboard should wear masks
 - F. Crew should remain above decks
 - G. Consider allocating roles aboard so the crew is not sharing equipment and lines
 - H. If you, or your crew, feel at all unwell, **STAY AT HOME.**
 - I. Have a method to wash hands aboard, and use it.
 - J. Skippers record crew member's names and contact information in the ship's log