

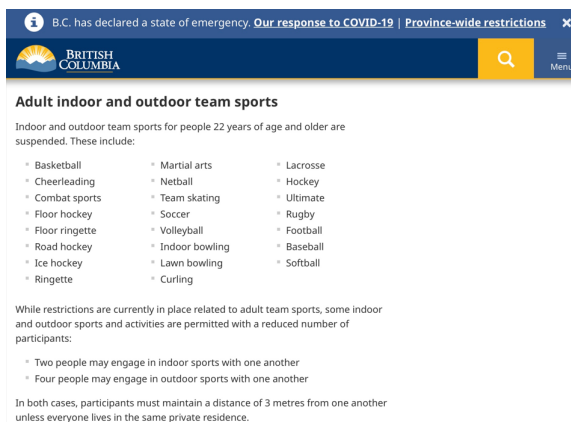
SISC COVID-19 Guidance January 8, 2021 until further notice

The Race Committee (RC) has made the following decisions regarding our race program and schedule. These decisions are made in the context that we must do our best to protect our members and reduce the spread of the virus; while recognizing the physical, emotional, and psychological benefits of being outdoors and providing members the opportunity to engage in an activity they care for. They were guided by the recommendations and rules issued by Dr. Bonnie Henry. These protocols will be updated as guidance is amended.

The RC has provided a race schedule and developed courses, set a start time, and provided a virtual way to report and score your times. Skippers are responsible for adhering to the Race Instructions and conducting themselves, and their operations, in a manner that adheres to current government health guidance. In accordance with the above:

1. The race schedule will be maintained until further notice.
2. There should be no pre-race or post-race gatherings
3. Send finish times (along with any notes, stories, or pictures) to the FCR via email. Emails must be received by the FCR by 10:00 the day after the race. Failure to do so will result in a DNF.
4. Skipper's meetings will be held via VHF72
5. The RC requires Skipper's sail only with people from the same household or 'core bubble' as defined by BC Health guidelines*.
6. The RC may amend 5 on a case by case basis if Skipper and crew are vaccinated

Current Provincial guidance for outdoor sports is as follows. You can follow the link for the full announcement



B.C. has declared a state of emergency. [Our response to COVID-19](#) | [Province-wide restrictions](#)

BRITISH COLUMBIA

Adult indoor and outdoor team sports

Indoor and outdoor team sports for people 22 years of age and older are suspended. These include:

- * Basketball
- * Cheerleading
- * Combat sports
- * Floor hockey
- * Floor ringette
- * Road hockey
- * Ice hockey
- * Ringette
- * Martial arts
- * Netball
- * Team skating
- * Soccer
- * Volleyball
- * Indoor bowling
- * Lawn bowling
- * Curling
- * Lacrosse
- * Hockey
- * Ultimate
- * Rugby
- * Football
- * Baseball
- * Softball

While restrictions are currently in place related to adult team sports, some indoor and outdoor sports and activities are permitted with a reduced number of participants:

- * Two people may engage in indoor sports with one another
- * Four people may engage in outdoor sports with one another

In both cases, participants must maintain a distance of 3 metres from one another unless everyone lives in the same private residence.

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-photo-order-gatherings-events.pdf?bcgovtm=20201118> GCPE AM COVID 1 NOTIFICATION BCGOV BCGOV EN BC NOTIFICATION

***Core bubble (Jan 5, 2021)**

For most people, their core bubble is their immediate household. An immediate household is a group of people who live in the same dwelling. For example:

- If you have a rental suite in your home, the suite is a separate household
- If you live in an apartment or house with roommates, you are all members of the same household

For others, including people who live alone, their core bubble may also contain a partner, relative, friend or co-parent who lives in a different household. This should be a maximum of two people outside of those living in your immediate household.